

MAIN MENU



BREADS

Bread Board **V VG** (Optional) 7.95
 A selection of our breads, butter & a selection of oils.

Garlic Breads & Focaccias made with our own homemade dough. Gluten free options available, please ask your Teller.

Focaccia **V VG** 7.50
 Pizza base, lightly salted, drizzled in Olive oil and sprinkled with Rosemary

Garlic Bread Plain **V VG** 7.50
 Pizza base, sprinkled with crushed garlic and herbs

Garlic Bread Tomato **V VG** 8.50
 Pizza base, sprinkled with crushed garlic, herbs and a lightly seasoned tomato sauce

Garlic Bread Cheese **V VG** (Optional) 8.50
 Pizza base, sprinkled with crushed garlic and herbs, covered in Mozzarella

Garlic Bread Spicy **V VG** 8.50
 Pizza base, sprinkled with crushed garlic, herbs and a lightly seasoned tomato sauce, fresh chilly, red onion & fresh basil.



STARTERS

Homemade Soup **V VG** (Optional) 5.95
 Fresh homemade soups all served with a bread roll and butter.
(please ask your Teller for daily options)

Bruschetta **V VG** (Optional) 6.95
 Two pieces of toasted garlic baguette topped with diced vine tomato, red onion, seasoned Olive oil, topped with fresh Rocket and Parmesan flakes.

Breaded Mushrooms **V** 6.95
 Fresh mushrooms, twice coated in our own seasoned breadcrumbs, deep fried & served with a mixed leaf garnish and garlic mayonnaise.

Chicken Wings 7.95
 Oven roasted chicken wings served in our own home made sauce. Choose from Sweet n Sticky BBQ, Spicy Chilly Tomato or Chilly-Honey-Garlic Glaze.

Paté 7.95
 Homemade chicken liver pate lightly seasoned and slow cooked with cream, onions and a splash of brandy served with sliced toasted ciabatta, butter, sweet mixed berry and red onion chutney.
(Add extra bread 1.50)

Filo Prawns 7.95
 King prawns wrapped in filo pastry and fried, lightly seasoned with pink Himalayan salt and cracked black pepper.

Half Rack of Ribs 8.95
 Half rack of pork ribs slow roasted in the oven, served in our own home made glaze.
Choose from: Sweet n Sticky BBQ, Spicy Chilly Tomato or Chilly-Honey-Garlic

Prawn Cocktail 7.95
 Shredded Iceberg lettuce, mixed leaf, fine sliced avocado, topped with prawns and homemade Marie Rose sauce.





BURGERS

All our burgers are served on a brioche bun with iceberg, coleslaw, and your choice of chunky chips, regular fries, Paprika fries or spicy chilli fries. Upgrade your fries to Halloumi fries for 3.50 or sweet potato fries 1.50

Bank 14.95
Seasoned cumbrian beef burger patty, tomato, lettuce and relish.

Bank Cheesen Bacon 15.95
Seasoned Cumbrian beef burger patty, a thick slab of melted cheddar, crispy bacon, tomato, lettuce and relish.

Italian Chicken 14.95
Seasoned breaded chicken breast topped with a rich, tangy tomato sauce and grated cheese

Moving Mountains Burger (Optional) 13.95
Packed with plant protein, an irresistible juicy and succulent plant-based burger. (Add vegan cheese & bacon 1.50)



SALADS

From the Green House.

Garden Salad (Optional) 10.95
Light and simple. Mixed lettuce, seasonal leaves, fresh sliced cucumber, fresh sliced tomatoes, diced peppers, onions & grated carrot, (optional croutons 0.50)
(Add chargrilled chicken 1.50)

Nicoise Salad 11.95
Mixed lettuce, seasonal leaves, Tuna, Anchovies, capers and olives, free range eggs, seasonal mixed leaves, cucumber, tomato and dressing.

Chicken Caesar 13.95
Our take on a classic salad containing mixed lettuce, seasonal leaves, grilled chicken breast, anchovies, croutons, free-range egg, rocket, bacon, parmesan cheese shavings, and a classic caesar dressing.

Chicken, Bacon & Avocado Salad (when available) 13.95
Grilled chicken breast, crisped bacon and sliced avocado top a seasonal mixed leaf salad with fresh tomato and a honey mustard dressing.



EXTRAS

Chunky Chips 3.00
Regular Fries 3.00
Spicy Fries 3.00
Paprika Fries 3.00
Sweet Potato fries 3.50
Halloumi Fries 5.50
Jacket Potato 2.50
Garlic, herb, butter mash 3.00
Oven roast veggies 2.50
Homemade coleslaw 2.00
Grilled mini cob 3.00
Onion Rings 3.00
Mixed Leaf Salad 2.50
Boiled Rice 2.00
Garden Peas 2.00
Sautéed Mushrooms 2.00
Mushy Peas 2.00



THE GRILL MAINS

10oz Rump 21.95
10oz Sirloin 24.95
10oz Fillet 31.95
(Make your steak surf n turf add pan fried king prawns 3.50)
10oz Gammon (served with Egg & Pineapple) 19.95
Bank Mixed Grill 32.95
For the really hungry. Gammon, sausage, rump steak, lamb chop, chicken breast, black pudding, mushrooms and grilled tomato.



MAINS

Hunters Chicken 17.95
A grilled chicken breast cooked in our own homemade Sweet n Sticky BBQ sauce topped with bacon and melted cheddar cheese.

Deviled Chicken 17.95
Chargrilled chicken breast cooked with homemade Napoli sauce, Tabasco, fresh chilli & a dash of cream.

Lemon Chicken 17.95
Chargrilled chicken breast cooked in a homemade velvety lemon, butter, and white wine sauce.

Chicken 'n' Ribs Combo 22.95
Chargrilled chicken breast & half rack of ribs both cooked in one of our signature sauces, served with a grilled mini cob & homemade coleslaw. (choose your sauce: sweet 'n' sticky BBQ, Garlic-honey-chilli, or Spicy tangy tomato)

Rack of Ribs 19.95
A rack of slow cooked ribs slow roasted in the oven, served in our own homemade glaze.

Lamb Shank 23.95
A succulent and juicy lamb shank, slow roasted & cooked in the oven, served in a red wine and lightly minted sauce.

Stroganoff
Diced onions, sliced mushrooms, brandy, red wine, paprika, cream & dash of French mustard combined into a rich creamy dish.

Mushroom Stroganoff (Optional) 14.95
Chicken Stroganoff 19.95
Beef Stroganoff 25.95

Beer Battered Fish & Chips 14.95
A traditional classic. A Codfish fillet lightly floured and dipped in our on homemade beer batter served with thick cut chips and peas.

Salmon Fillet 20.95
A lightly seasoned grilled salmon fillet served in a light lemon & lime drizzle, served with a mixed leaf garnish.

Sea Bass 23.95
Two fresh Sea Bass fillets lightly floured, cooked in the oven & served with fresh pesto drizzle, fresh chillies & cherry tomato. Served with a mixed leaf garnish.

Choose From

Potato Choices

Chunky Chips
Regular Fries
Spicy Fries
Paprika Fries
Sweet Potato Fries (Add 1.50)
Halloumi Fries (Add 3.50)
Oven Roasted Potatoes
Jacket Potato
Garlic Herb & Butter Mashed (Add 1.50)

Sides

Roasted Vegetables
Mixed Leaf Salad
Garden Peas
Sautéed Mushrooms (0.75)
Boiled Rice

Add a sauce

Peppercorn 3.00
Stilton 3.00
Garlic, Honey, chilly 3.00
Spicy, tangy tomato 3.00
Sweet n Sticky BBQ 3.00
Garlic Butter 2.00
Diane 3.00



For optional vegan dishes & allergies, please talk to your waiter.
Have you opened a 'Bank Account'? Ask your Teller for more details.
Our fryers use oil containing soy, alternative arrangements can be made, please ask your server.
Regarding any/all allergies please consult your waiter for assistance/more information
(Discretionary service charge of 10% is added to all bills)



PIZZA

Made with our own homemade dough.
(Gluten free options available please ask your Teller.)

Margherita (Optional) 12.95
Tomato base, Oregano, Mozzarella cheese & topped with fresh Basil

Pollo 13.95
Tomato base, Oregano, Mozzarella cheese, chargrilled chicken strips, peppers and sweetcorn

Pepperoni (Optional) 13.95
Tomato base, Oregano, Mozzarella cheese & spicy Salami

Vegetariana (Optional) 13.50
Tomato base, Oregano, Mozzarella cheese, mushrooms, spinach, mixed peppers, red onions and fresh tomato.

Hawaii 13.95
Tomato base, Oregano, Mozzarella cheese, sliced ham & pineapple chunks

Four Cheese 13.95
Tomato base, mozzarella, crumbled Stilton, cheddar & parmesan, topped with fresh rocket

Inferno 13.95
Tomato base, mozzarella, chargrilled beef, jalapenos, fresh chilli & dashed Tabasco.

Meat Feast 14.95
Tomato base, Oregano, Mozzarella cheese, sliced ham, sliced sausage, crispy bacon, spicy Salami, chargrilled chicken & beef

Surf 'n' Turf 14.95
Tomato base, garlic, mozzarella chargrilled beef, baby Atlantic prawns.



PASTA

Napoli 11.95
Your choice of either penne or spaghetti cooked in diced onion, basil & tomato sauce topped with fresh basil. (Add Chicken 2.50)

Pasta Bake 13.95
Penne pasta cooked in our own homemade rich & creamy bolognese sauce, topped with Mozzarella cheese and finished in the oven.

Penne 'Mac' & Cheese 13.95
Penne pasta cooked in our own homemade rich & creamy cheese sauce, topped with Mozzarella cheese and finished in the oven. (Add Chicken 2.50)

Pasta Terra 13.95
Your choice of either penne or spaghetti with mixed peppers, cherry tomatoes, fresh spinach, red onions and courgette all cooked in a rich tomato sauce.

Spaghetti Bolognese 13.95
Spaghetti pasta cooked in our own homemade rich & meaty bolognese sauce

Pesto 12.95
Your choice of either penne or spaghetti cooked with pesto, fresh rocket, pan fried cherry tomatoes, dash of cream. Topped with fresh rocket. (Add Chicken 2.50)

Arrabiatta 12.95
Your choice of either penne or spaghetti cooked with a Tabasco infused Napoli sauce with fresh chilli and peppers.

Carbonara 13.95
Your choice of either penne or spaghetti cooked with diced pan fried onions, diced smoked bacon, dash of cream & parmesan cheese. (Add Chicken 2.50)

Lasagne 14.95
Homemade beef lasagne served with a slice of garlic toasted baguette and your choice of chunky chips, regular fries, Paprika fries or spicy chilli fries. (Upgrade your fries to Halloumi fries for 3.50)